Guidelines
Residential Retreat

1997 Website Program Description

Guidelines is open only to graduates of the Gateway Voyage Program. It is a program to explore one's total Self and learn to develop communication with one's Guidance. Communication can be established with distinct and different intelligence - call it Total Self, Inner Self Helper, Guide, Non-Physical Friend, or Universal Intelligence.

After a review of Focus 10, 12, 15, and 21, the participant is taught to achieve a state where such communication may occur and to speak and report using normal verbiage during such states without disturbing the attained form of consciousness.

Guidelines encourages the practical application of such communications and states of consciousness. With practice, a person can learn to quickly and directly access whatever information is needed. In addition, this program gives direct training in the early stages of out-of-body training. Training in using a special dolphin energy - either individually or as a group effort - to heal both self and others is another aspect of **Guidelines**.

If you have any questions regarding the **Guidelines** Program,
please do not hesitate to contact the Institute.
We will be happy to hear from you.